

The Green GUARDIAN



(July – Aug 2025)



**Edufam
International
Academy**

Edufam Training Services
UAE

Eco-Visionaries Global Group



**MR. NARA
SUBRAMANIAM**
CHIEF ADVISOR



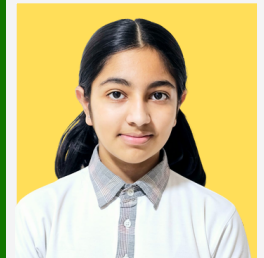
DR. HALEEMA SADIA
EDITOR



MS. HINA IQBAL
TEACHER EDITOR



CDR. VIJAY KUMAR
CHIEF ADVISOR



SHIZA FATIMA
EDITOR

ABOUT US:

Eco-Visionaries Global Group is an international platform uniting educators, youth leaders, policymakers, and changemakers with a shared passion for environmental sustainability. Founded with the belief that local action can spark global transformation, the group offers a vibrant ecosystem for collaboration, learning, and advocacy. Through strategic programs, grassroots initiatives, and global conferences, we aim to cultivate a generation of responsible and proactive environmental stewards.



OUR MISSION:

Our mission is to educate, engage, and empower people—especially youth—to become eco-leaders through capacity-building programs, sustainability summits, challenges, and collaborative networks. We aim to bridge global perspectives with local action to create measurable environmental impact across schools, colleges, and communities.

OUR VISION:

We envision a world where sustainability is not a choice but a way of life—where communities across the globe thrive in harmony with nature, driven by innovation, empathy, and ecological wisdom. Our long-term goal is to create a green legacy by inspiring one million individuals to adopt environmentally conscious behaviors by 2030.



PURPOSE AND FOCUS AREAS:

Our primary purpose is to foster sustainable habits, education, and innovation that address the pressing challenges of climate change and environmental degradation. The focus areas include environmental education, responsible consumption and production (aligned with SDG 12), youth engagement in sustainability, circular economy promotion, and community-led green initiatives. By targeting both awareness and action, we strive to empower individuals and institutions to be catalysts for sustainable development.



CORE VALUES



SUSTAINABILITY

We are committed to promoting environmental balance by encouraging practices that ensure long-term ecological health and well-being.

INNOVATION

We believe that creative thinking and technological advancement are key to solving today's environmental problems and shaping a greener future.



COLLABORATION

Partnership lies at the heart of our work. We foster cooperation across borders, disciplines, and generations to achieve shared sustainability goals.

INTEGRITY & EXCELLENCE

We act with honesty and responsibility, always aiming for the highest standards and meaningful impact.



EDITORIAL NOTE:

THE GLOBAL MOMENTUM FOR SUSTAINABILITY HAS NEVER BEEN STRONGER

We are at a tipping point - one filled with possibilities. Billions of dollars are flowing into renewable energy, climate resilience, and SDG-aligned projects, turning ambition into action. Renewables are now outpacing fossil fuels in both investment and capacity, driven by falling costs and rapid innovation. From solar rooftops to offshore wind farms, clean energy is proving it can grow economies while healing the planet.

Much like the trends highlighted in recent UNDP sustainability outlooks and WEF Agenda insights, we see a shift from talk to measurable action. Satellites, AI and digital platforms are opening pathways for fairer futures. ESG reporting is becoming standard in many regions, building trust, driving innovation, and creating long-term value.

The circular economy is rewriting how we make and use things—cutting waste, redesigning materials, and embracing reuse and repair. To make these gains lasting, they must be built into systems, not left vulnerable to changes in leadership.

This is our moment to work together for a future that's not just sustainable, but also exciting, fair, and full of opportunity for everyone.

***Let's keep turning good intentions into great results
—side by side.***

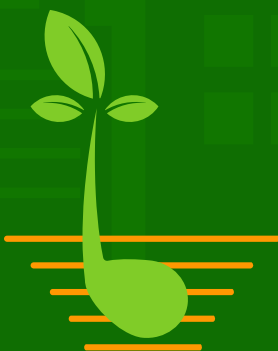


MR. NARA SUBRAMANIAM
CHIEF ADVISOR

EcoVisionaries Group Newsletter

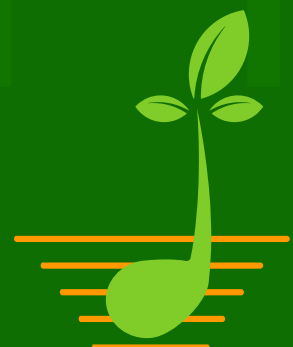


ECO – SONG



🎵 *Watch us grow*

*We are the voices, bold and free,
Guardians of land, sky, and sea.
Greening the future, reaching high,
With dreams as vast as the open sky.
We plant the seeds of hope and light,
Turning the dark into shining bright.
Reduce, reuse—we lead the way,
Building a brighter, cleaner day.
With hearts united, strong we stand,
Spreading change across each land.
Together we rise, together we grow,
Eco Visionaries – watch us glow! 🌍*



FEATURED ARTICLE

LANDOUR

Landour is a charming cantonment town near Mussoorie, known for its colonial-era architecture, tranquil surroundings, and breathtaking Himalayan views. This picturesque town was built by the British as a convalescent station and features historic churches like St. Paul's and Kellogg Memorial Church. Visitors can explore scenic walking trails, enjoy local delicacies at Char Dukan and Landour Bakehouse, and shop for handicrafts. Lal Tibba offers panoramic views of the Himalayas. With its serene atmosphere and rich history, Landour is an ideal getaway from Mussoorie's crowds, perfect for nature lovers and those seeking relaxation.

In a world where urban development often overtakes nature, Landour stands as a quiet model of sustainable living — proving that protecting what we love is the surest way to secure its future.



pic credit: Hina Mudgal

EK PED MAA KE NAAM

Plants are the green lungs of our planet, yet overexploitation, urbanization, and industrialization continue to shrink our Earth's natural cover. To raise awareness about the vital role of plants, both at the student and community level, the students of Allenhouse Public School launched a heartfelt initiative — a Plant Donation Drive in honor of their mothers.

Each student donated a plant as a symbol of love and gratitude, celebrating the nurturing care of mothers while also nurturing the planet. The activity not only promoted eco-friendly practices but also fostered unity, responsibility, and environmental stewardship among young minds.

As the great Lucy Larcom said, "He who plants a tree, plants a hope." Wangari Maathai reminded us that "When we plant trees, we plant the seeds of peace and hope," and Felicity Kendall noted that "Planting trees is the single most effective action to truly heal the environment."

These words reflect the spirit of the Allenhouse students — proving that small actions, rooted in love, can grow into a greener, healthier future for all.

#Sustainability #GlobalGreenDrive #EnvironmentalAwareness
#PlantForThePlanet #YouthForClimate



BY – MS. HINA MUDGAL GREEN-MENTOR AMBASSADOR

ECO NEWS SPOTLIGHT



REGIONAL UPDATES

Across our active regions—UAE, Maldives, India, Malaysia, and Singapore—Eco Visionaries are driving impactful change through youth-led sustainability clubs, school green audits, eco-literacy workshops, and zero-waste campaigns. In the Maldives, new coastal cleanup initiatives are being launched in collaboration with local women entrepreneurs, while UAE youth are leading e-waste collection drives in universities. These localized efforts highlight how grassroots action can spark meaningful environmental transformation across diverse communities.

GLOBAL ENVIRONMENTAL NEWS

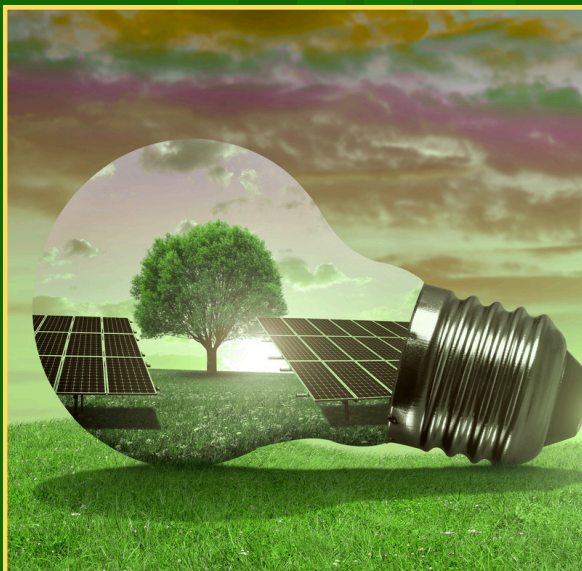


From rising temperatures to record-breaking deforestation, recent reports by the UN and IPCC warn of accelerating climate shifts. However, hope is alive: over 150 countries have pledged to triple renewable energy capacity by 2030, and the COP30 agenda is prioritizing youth and education for climate justice. Meanwhile, climate lawsuits and nature-based solutions are gaining momentum, showing that global citizens, courts, and communities are increasingly stepping up for the planet.



INNOVATIONS IN SUSTAINABILITY

Around the globe, green innovation is thriving. From solar-powered desalination units in Kenya to mushroom-based biodegradable packaging in Europe, creative minds are reshaping the future of sustainability. In Asia, startups are using AI to track food waste and blockchain to ensure ethical sourcing. These groundbreaking technologies align with the Eco Visionaries' mission - proving that when creativity meets conscience, the planet wins.



YOUR VOICE MATTERS (STUDENT)

Innovations in Sustainability (UAE)

As a young resident of the UAE, I've witnessed remarkable efforts to protect the environment. One standout is Masdar City in Abu Dhabi—a smart city powered by renewable energy, featuring solar panels, driverless electric cars, and energy-efficient buildings. It's a model of how cities can be modern and eco-friendly. Another impactful move is the reduction of plastic use. Many stores now charge for plastic bags, encouraging people to switch to reusable or biodegradable options. These initiatives show how the UAE is leading the way in sustainability, proving that even small actions can make a big difference.

— SHIZA FATIMA— GRADE 8, ABU DHABI UAE



ECO PULSE

GREEN GUARDIAN PROMINENT PERSON INTERVIEWED BY MR. NARA SUBRAMANIAM

I had the honour of meeting Mr. Ajay Kumar Singh to exchange ideas on education, empowerment, and sustainability. In my opinion, his work in these areas is truly inspiring, and I feel his journey offers lessons for all of us.

Nara: Mr. Ajay, your experience in sustainability, ecological conservation, and urbanisation is remarkable. How do you see the connection between them?

Mr. Ajay: I think ecological conservation and urbanisation are deeply connected. Growing up in a busy city, I saw first-hand the damage rapid urbanisation can cause—but I also realised the potential for sustainable solutions. During my college days, I joined a local urban gardening project, turning abandoned lots into green spaces. My opinion is that integrating green infrastructure into city planning is essential for both nature and people.

Q1. How can schools drive sustainability and the SDGs?

In my view, schools can build awareness about sustainability principles, integrate them into lessons, inspire responsible, global citizens, and empower students to tackle socio-environmental challenges. This will encourage lifelong learning and action.

Q2. You've trained over 700 leaders—how do you bring sustainability into leadership?

I try to design courses with sustainability at their core. This involves real-world examples, encouraging eco-friendly strategies, continually fostering a culture of stewardship and making learning experiential.

Q3. As a Green Ambassador at EDUFAM, what projects stand out for you?

I'm proud of a number of projects that we implemented:

- Waste management and recycling programs.
- Energy efficiency and renewable energy adoption.
- Creating eco-clubs and green teams.
- Organising climate change campaigns.
- Tree planting and biodiversity work.

Q4. How do you ensure rural communities are included in SDG awareness?

In my opinion, inclusion means taking workshops to rural areas, using digital platforms to share knowledge, partnering with local organisations as much as possible, creating materials relevant to local contexts and ultimately empowering local leaders.

Q5. What role should educators play in climate literacy?

In my opinion, principals and teachers should embed climate literacy into lessons, promote eco-friendly habits in schools, encourage critical thinking on environmental issues and finally they all must lead by example.

Q6. Can you share a student-led success story?

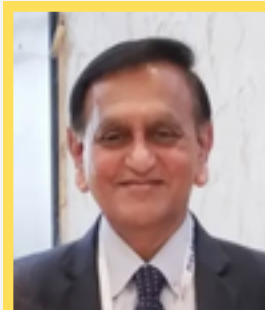
I feel proud of a recycling project that cut school waste by 30%. Students organised drives, launched awareness campaigns, and began composting. It was recognised regionally and inspired other schools, showing me that when students take ownership, real change happens.

Nara: Thank you, Mr. Ajay. I think your work in education and sustainability is invaluable. Congratulations on being named one of Bihar's most influential leaders.

Readers, we invite you to share your own thoughts and contributions so we can build a greener, more sustainable future together.



MR. AJAY KUMAR SINGH
INTERVIEWEE
EcoVisionaries Group Newsletter



MR. NARA SUBRAMANIAM
INTERVIEWER
EcoVisionaries Group Newsletter

SUSTAINABLE LIVING TIPS

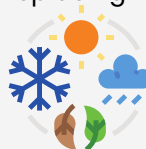
ECO-FRIENDLY HABITS

- Carry a reusable water bottle and shopping bag.
- Say no to single-use plastics (e.g., straws, cutlery, cups).
- Switch off lights, fans, and appliances when not in use.
- Use public transport, carpool, or cycle when possible.
- Compost kitchen waste to reduce landfill burden.
- Support local farmers and shop at eco-conscious markets.



SEASONAL TIPS

- **Summer:** Air-dry clothes, use fans instead of AC, hydrate naturally.
- **Monsoon:** Collect rainwater, grow indoor plants or herbs.
- **Winter:** Layer clothing instead of turning up the heater.
- **Autumn:** Plant native trees, declutter and donate or recycle items.
- Adjust your diet seasonally using fresh, local produce.
- Repair seasonal items (like umbrellas) instead of replacing them.



DAILY LIFESTYLE CHANGES

- Start the day with a mindful walk or spend time with nature.
- Eat more plant-based meals and reduce food waste.
- Shop consciously — buy only what you need.
- Reduce screen time and digital consumption.
- Use natural cleaning products and avoid toxic chemicals.
- Declutter your home regularly and donate items.



INTERACTIVE SECTION

QUIZ TIME : “How Green Are You?”

Question: Which of the following eco-friendly habits do you practice daily? (Select all that apply)

-  I separate my waste for recycling. ☐
-  I carry a reusable water bottle. ☐
-  I say no to plastic bags. ☐
-  I grow or care for a plant. ☐
-  I walk, bike, or use public transport. ☐
-  I avoid fast fashion and buy mindfully. ☐

Monthly Question: “Your Green Pledge”

This Month’s Question:

What is one eco-habit you plan to adopt or improve this month?

Please share your answers in the comments, emails, or social media stories.
Examples:

- “I will compost my kitchen waste.” ☐
- “I will switch to shampoo bars instead of bottled products.” ☐
- “I will carry my utensils when I eat out.” ☐

HOT TOPICS IN CLIMATE ACTION

June–July 2025: A Stark Reminder of Escalating Climate Extremes

June 2025 brought alarming global climate anomalies, with widespread temperature spikes and extreme rainfall events. Land and ocean surfaces worldwide stayed well above average, continuing the year's warming trend. The Arctic, northern North America, central and western Asia, and parts of Antarctica recorded temperature anomalies over 1.5°C above normal. Western Europe, the British Isles, Asia, Australia, and parts of the Pacific and Indian Oceans saw their hottest January–June on record.

Extreme precipitation added to the crisis. On June 10, a rare cold front dumped over 9 inches of rain in 24 hours on South Africa's Eastern Cape, causing deadly floods in Mthatha. From June 10–16, Indonesia faced floods that destroyed thousands of homes and farmland. Tropical Storm Wutip, though initially offshore, inundated Vietnam and southern China, while monsoon rains worsened flooding across southern China.

In the Americas, Hurricane Erick made an unusually early Category 3 landfall in Mexico on June 19. Brazil and Venezuela were also hit by major floods, displacing thousands and damaging infrastructure.

Contributed by Cdr. Vijay Kumar



CDR. VIJAY KUMAR

CHIEF ADVISOR

**Climate
change is real.
It is happening
right now**

WORKSHOP ON DOLPHIN CONSERVATION

By Ms. Hina Mudgal

7th July 2025



Dolphin conservation is vital to protect these intelligent marine mammals from threats like bycatch, pollution, climate change, and hunting. During the Students' Mussoorie trip, a visit to the Forest Reserve Institute provided deeper insights into aquatic life and environmental hazards, highlighting conservation measures such as marine protected areas, sustainable fishing, research, and awareness programs led by global organizations.- Whale and Dolphin Conservation: Campaigns for dolphin conservation and an end to captivity.

MYTHS

Environmental Myth:

"Recycling always helps solve the waste problem."

Scientific Fact:

While recycling is important, it is not a complete solution. Many materials, especially plastics, can only be recycled a limited number of times. A large portion of recyclables still ends up in landfills or oceans due to contamination or lack of proper facilities. The real solution lies in reducing consumption, reusing products, and rethinking our habits before relying on recycling.

Reader Voices – This Month's Green Pledges:



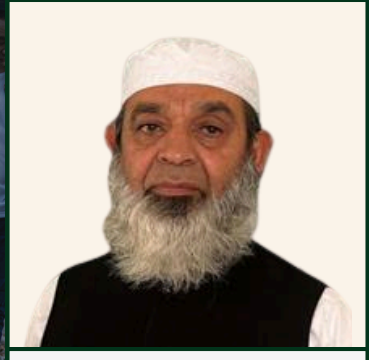
DR. SAYED ANWAR BARI
UAE

We are segregating construction waste in so many divisions like food waste, concrete, paper, and others. It is a huge task, but we are doing it and guiding other contractors to do the same.



DR. NAZAR DANISH
NASCORPS SINGAPORE | USA

Spreading sustainable waste management awareness from student levels to moms as social media to reach every home



MANZOOR WANGNOO
SRINAGAR, INDIA

Reviving lakes, restoring springs, our green mission

TESTIMONIALS



I had the privilege of working with Dr. Haleema and witnessing first-hand her exceptional expertise, professionalism, and passion for empowering individuals and organizations. As an International Educational Trainer, Corporate Leadership Coach, and Strategic Business Growth Specialist, she brings a rare combination of deep knowledge, practical strategies, and inspiring leadership.

Beyond her professional skills, Dr. Haleema's commitment to sustainability through her work in green lifestyle advocacy and e-waste management is truly admirable. She is not only a mentor and guide but also a changemaker who walks the talk.

Ranjitha Raghavan



It was a privilege to work alongside Dr. Haleema Sadia as Leadership Coach and Director at Edufam International Academy. With over three decades of experience, Dr. Sadia combines deep educational expertise with authentic leadership and empathy. Her coaching sessions are insightful, grounded in emotional intelligence, and lead to measurable impact.

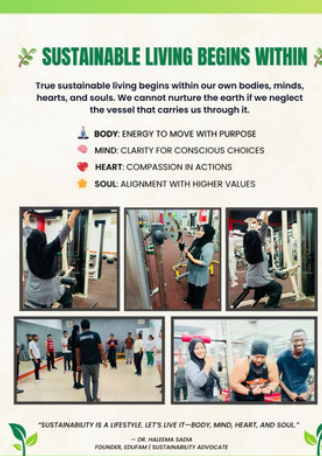
She has empowered thousands globally, founded leading institutions, and continues to inspire through her books, workshops, and talks. I highly recommend her for executive coaching, leadership development, and keynote speaking. She truly embodies purpose-driven leadership with lasting impact.

Professor Dr. Dimithri Jayagoda
Keynote Speaker | Author | Research Supervisor

GLIMPSES OF JULY–AUGUST 2025



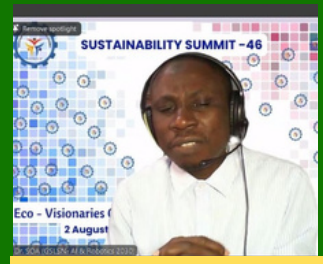
Graduation Day Celebration for the Sustainable Lifestyle Practitioner and Trainer.



Guest Lecture on Sustainable Lifestyle and Madni Malaysia at IIUM Malaysia



Coffee meet and treat at Selongor Club KL Singapore



Greening the Future with Robotics By Dr. Saheed Opeyemi



Gala dinner at KL Singapore



Collaboration with Tawafem Singapore



Dr. Haleema Sadia - she helped a student from class 4



Global business networking at KL Malaysia on 16 August 2025



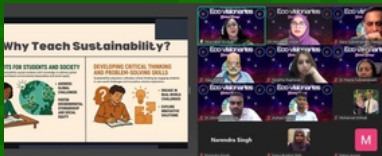
Meeting with Dr. Sangeeta Biswas at Park Royale Singapore



Incorporating SDGs in the Curriculum Round table discussion with the heads at Daffodils Singapore



Speakers at the Wellness Community AGORA SPEAKERS FORUM SINGAPORE



The Sustainability Summit - 43, 2025, theme "Sustainable Leadership - Empowering People, Purpose & Planet." BY Cdr Vijay Kumar



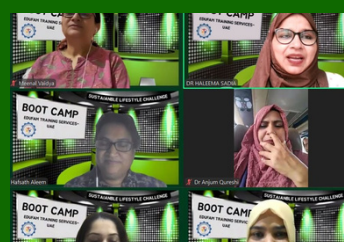
Speaker at Pressconference 03 - IGEN Partners Conclave,



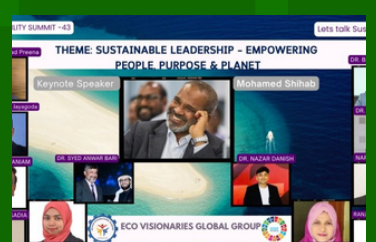
Awarding the global speakers KL Malaysia



Meeting with homeschooling Subong Malaysia



Green Ambassadors Boot Camp - 9 & 10 AUG



Mohamed Shihab - Chief Happiness Officer Expert in Governance | People Empowerment | CSR | Happiness Design

UPCOMING ECO EVENTS (SEPT–OCT 2025)



Friday, Sept 5, 2025 – Sustainability Summit 50

*Theme: Reimagining Sustainability:
Local Roots, Global Impact
Highlights: Opening ceremony,
legacy of Eco Visionaries, and
inspirational green journeys*



Friday, Sept 12, 2025 – Sustainability Summit 51

*Theme: Youth Power for the Planet
Focus: Youth-led campaigns, eco-
leadership talks, and innovation
challenges*



Wednesday, Sept 17, 2025 Sustainability Summit 52 Foundation Day

*Theme: Magic of 17 – 17 hours, 17
SDGs– 17 Thought Leaders
Focus: Gaps in theory and practice*



Friday, Sept 26, 2025 – Sustainability Summit 53

*Theme: Sustainable Homes, Smarter
Living
Focus: Green lifestyles, energy-
saving hacks, zero-waste living at
home*



Friday, Oct 3, 2025 – Sustainability Summit 54

*Theme: E-Waste to Innovation: Tech
for Good
Focus: Responsible tech use, digital
detox, recycling, and creative reuse*



Friday, Oct 10, 2025 – Sustainability Summit 55

*Theme: Circular Economy in Action
Focus: Upcycling, sustainable
business models, ethical products*



Friday, Oct 17, 2025 – Sustainability Summit 56

*Theme: Climate, Culture &
Communities
Focus: Indigenous wisdom,
community-based action, island
resilience*



Friday, Oct 24, 2025 Sustainability Summit 57 Malaysia Edition

*Theme: Women Leading Climate
Solutions
Focus: Female changemakers,
inclusive climate action, social
entrepreneurship*



Thursday, Oct 30, 2025 Eco-Mindfulness & Mental Health Webinar

*Platform: Virtual
Focus: Managing eco-anxiety,
mindfulness practices, and
sustainable mental health*

Get in Touch

We'd love to hear from you! Whether you want to collaborate, support our initiatives, or learn more about our work, reach out through any of the channels below:

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